

## Ski for Life Mates on a Mission Application

Applications to bring the Ski for Life “Mates On A Mission” program to your town or community are now open. The “Mates On A Mission” program brings the community together to spread key messages focussing on mental health, wellbeing, and suicide prevention. The program is delivered by people who have real life experience of dealing with adversity and mental health challenges. The ‘Mates On A Mission’ program is a Ski for Life initiative and is facilitated by Mike Rolls and Ben Pettingill from Real Life Resilience who are the program delivery partners.

Our vision for the program is to connect with individuals, families, and communities, breaking down stigma, normalising mental health and igniting real conversations in schools, sporting clubs, pubs and a variety of community organisations to reach as many people as possible in the time they are in town. ‘Mates On A Mission’ is not your typical mental health or suicide prevention roadshow. This is a unique program harnessing the power of storytelling, lived experience and real life lessons appealing to Australians that are in need of the tough conversations in a real, raw, and relatable way.

The ‘Mates On A Mission’ program strives to have the maximum impact possible when it comes to town. Typically, programs are run for a minimum of 5 days with the day programs being delivered in schools or to specific community groups and the evening sessions being delivered at sporting clubs, pubs, and community venues.

Ski for Life has committed to funding and rolling out a number of “Mates On A Mission” programs annually. By completing this multistep application, your expression of interest will be considered for a program being rolled out in your area. Make sure that you complete the entire form providing as much information as



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possible, otherwise your application will not be processed. Please note you cannot save and come back to your application.

If you have any issues using the below form. Please get in touch with us through our contact page. Any supporting documentation that is required to be attached can be sent directly to our mailbox: [grants@skiforlife.com.au](mailto:grants@skiforlife.com.au) or uploaded as a part of the application process.



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## Section 1: Contact details

Name:

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Contact Number:

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Email:

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Postal Address:

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Are you associated with Ski for Life?

If yes, what is your team's name? If no, how did you hear about us?

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Question about council or community stakeholders who can assist with program  
(working group)